



EGF SENIOR CENTER NEWS

May 2018

BOARD OF COMMISSIONER

President-Ann Pederson

V. Pres- Mike Grebowski

Members—Linda Larson, Bill Cummings, Jim McCauley, Dee Currie

Council Rep-Tim Riopelle,

Parks/Rec Dir-Reid Huttunen,

Sect.- Judy DelValle

Mission Statement

The East Grand Forks Senior Center promotes the physical, emotional and economic well being of older adults in the area and strives to promote their participation in all aspects of community life.

Senior Center Hours

8- 4:30 Monday—Friday

Lunch Served Daily 12:00

\$4.00 Meals can be taken to go also. Just call in and place your order. 773-0821. Lots of fun activities daily.

Members

We will be having our Annual Meeting on May 2nd. We will start at 12:00 with lunch and then proceed into the annual meeting. Please come and share any information you would like to bring to our attention or see who is on the board. Call and let us know if you are planning to come for lunch

Monthly Board Meetings

Each month we have a Board Meeting to discuss some of the things that are going on here at the center. It is always the 2nd Tuesday of the month at 9:00A.M. We have a time set aside (Open Forum) for anyone to come in and bring things to the board. If you have something you would like to discuss with us please feel free to stop in. We would love to hear from you.

AARP Smart Driving Course

We will be doing another AARP Class on June 13th. Class runs 10-2:30 with 30 minutes for lunch. Cost of class is \$15.00 if you are an AARP member or \$20.00 for non-members. Lunch is \$4.00 here at the Senior Center. Call 773-0821 to Register.

ALTRU

Altru Presentation for May is Osteoporosis screening and nutrition. Please join us.

Wednesday, May 16 from 12:30—1:30. Will be talking about treatment options and education, and screening on risk level.

Hope to see you .

Senior's Inc.

Seniors Inc. holds a monthly meeting and is looking for more members to join them. Or if you just want to come and see what is going on with them, come to their meeting the 2nd Tuesday of the month at 11:00. It is as short meeting so don't be late, usually done by 11:30.

COORDINATOR'S

CORNER

My husband's name is Dan and we live here in East Grand Forks in the North end of town. Dan works for Greenstone Construction and he usually leaves on Monday mornings and I don't see him again until Thursday evenings. He currently is working in Bloomington up by the cities. When he finishes a job we never really know where he is going to until the last minute. Rumor has it that when he finishes this job that he might be going to Bagley. He sure is hoping that he gets that job so he can stay at our camper and go fishing every night when he gets done working. Then I suppose he will come home on the weekends and I will head to the lake on Friday and come home on Sunday. I like to spend all my weekends at the lake not doing much of anything. We have an older camper, but it is 40 feet long with 3 push outs. It is big enough to have a little privacy from the grandkids, but still have room for them to come with us out to the lake. We also have a nice big deck on it so we have lots of space. A couple of years ago we got a golf cart to putts around the campground in. My youngest grandkids call it the gogo. Conner is 3 and knows how to start and drive it. We used to keep the keys in or put them in the drink holder, not any more. He turns the key and steps on the gas pedal. He even does this if the cover is still on the golf cart. Can't take our eyes off of him.

Line Dancing

Mondays 9:30/Thursday 10:00

Bone Builders

Tuesday/Friday 10:00

Knitting

Monday 12:30 PM

Dominoes

Tuesday 1:00

Mahjong

Tues/Thursday 12:30

Ponytail Canasta

Monday/Friday 12:30

Whist/Pinochle

Tues/Thursday 1:00

Smear

Wednesday 12:30

Duplicate Bridge

Friday 12:30

Bingo

Tuesday/Thursday 12:45

Wednesday/Friday 10:45

Dance to the Oldies

Wednesday 9:30

Men's Coffee Hour

Wednesday 9:30

Phase 10

Monday 12:30

Skipbo

Friday 12:30

Bridge

February 16

- 1st—Barb Johnson & Chris Letvin
- 2nd—Dorothy McEnroe & Linda Troyer
- 3rd—John Bremer & Susan Maddock
- 4th—Liz Eggers & Janet Olimb
- 5th—Duane Rivard & Greg Zak

February 23

- 1st—Los Buran & Nona Wennersten
- 2nd—A.J. & Tom Rand
- 3rd/4th—Liz Eggers & Janet Olimb
Harold Opgrand & Dexter Perkins

- 5th—Linda Troyer & Dorothy McEnroe

March 2

- 1st—Barb Johnson & Chris Letvin
- 2nd—Steve Phelps & Dexter Perkins
- 3rd—A.J. & Tom Rand
- 4th—John Bremer & Susan Maddock
- 5th—Greg Zak & Duane Rivard

March 9

- 1st—A.J. & Tom Rand
- 2nd/3rd—Martha Klevay & Bernie Goodman
Lois Buran & Nona Wennersten

- 4th—Joyce & Terry Olafson
- 5th—Patty & Ken Sebby

March 16

- 1st/2nd—Joyce & Terry Olafson
A.J. & Tom Rand
- 3rd—Martha Klevay & Bernie Goodman
- 4th—Barb Johnson & Chris Letvin

March 28

- 1st—Dexter Perkins & Steve Phelps
- 2nd—A.J. & Tom Rand
- 3rd—Terry & Joyce Olafson
- 4th—Jeanette Lindquist & Liz Eggers
- 5th—John Bremer & Susan Maddock

Meals

What do I have to do to eat at the center?
Call in by 10:00 on the day you want to eat
and let us know you are coming 773-0821
Cost \$4.00 We also do take out.

International Meal

We will be heading to Poland on Tuesday,
May 8 at 4:30.

\$10.00 per person

Volunteers Needed.

Monthly Breakfast and Bingo

Saturday, April 26th

8:00 –10:00 Breakfast \$5.00

10:00 Bingo \$1.00 per card

Volunteers Needed

Annual Car Show

June 2nd

10-2

Will be serving a Pulled Pork Sandwich

Volunteers will be needed for this event.

Special Thanks to everyone that
helped with the International
Meal or the Monthly Breakfast.
Without all of you we would
not be able to do these Events.
You are AWESOME members.

Thank you.

Bridge

March 30

- 1st—Steve Phelps & Dexter Perkins
- 2nd—A.J. & Tom Rand
- 3rd—Martha Kevay & Bernie Goodman

East Grand Forks Senior Center
538 Rhinehart Dr SE
East Grand Forks, MN 56721
218-773-0821

Address Correction Requested

MAY DAY

May day is coming
When all will be gay,
'Twil be fun and frolic
All the live, long day.

Flowers in the green woods
In the orchard, too,
Leaflets are growing
Every thing so new.

May day is coming
May day is here,
The very happiest day
Of all the glad new year.

Call me early, Mother
Call me early, pray.
For we must crown the King,
The King, and Queen of May.